










# JUNE HARRISON

## 2019 Elementary Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>Fruits &amp; vegetables from The Farm Stand are included with lunch.</b>	
3 1. Pancakes with Syrup & an Egg Patty	4 1. Chicken Griller Fillet on a Bun with Oven Fries	5 1. Bosco's Cheese Stick with Marinara Sauce	6 1. All-Beef Hot Dog on a Bun	7 1. Pizzeria Pizza
<b>National Fresh Fruits &amp; Vegetables Month</b> 		<b>2. Weekly Alternate:</b> Popcorn Chicken with Dip & a Roll		
10 1. Chicken Sliders on Buns	11 1. Cheesesteak on a Bun	12 1. French Toast Sticks with an Egg Patty	13 1. Baked Chicken Nuggets with a Roll & Mashed Potatoes	14 <b>FLAG DAY</b> 1. Cheese Pizza 
<b>2. Weekly Alternate:</b> Baked Mozzarella Sticks with Marinara Sauce				
17 1. Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips	18 1. Cheese Ravioli with a Dinner Roll	19 1. Meatball Parmesan on a Roll	20 1. Baked Macaroni & Cheese with a Dinner Roll	21 1. Pizzeria Pizza  <b>Summer Begins</b> 
<b>2. Weekly Alternate:</b> Baked Chicken Nuggets with a Roll				
24 	25 	26 	27 	28 

**ALSO AVAILABLE DAILY**

**SALAD LUNCH (each salad includes Sliced French Bread)**

- 3. Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
- 4. Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

**5. BAGEL MEAL**

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to the Farm Stand

**6. YOGURT LUNCH**

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to the Farm Stand

**7. DELI SANDWICH**

- Week 1: Tuna on a Kaiser Roll with Lettuce & Tomato
- Week 2: Ham on a Wrap with Lettuce & Tomato
- Week 3: Turkey & Cheese on a Wrap with Lettuce & Tomato
- Week 4: Summer Break – Schools Closed



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

**A Complete Lunch Includes:**

Entrée (with Protein/Grain)

**Trip to The Farm Stand**  
(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

**Menu Subject to Change**

Your comments are important to us.

Please e-mail us at

[comments@pomptonian.com](mailto:comments@pomptonian.com)

\*This institution is an equal opportunity provider.\*



**Locally Grown Strawberries**



**Locally Grown Kale**