






MARCH HARRISON

2019 Elementary Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Fruits & vegetables from The Farm Stand are included with lunch.	
Locally Grown Onions	Locally Grown Empire Apples		2. Weekly Alternate: Chicken Patty on a Bun	
1. Baked Chicken Nuggets with a Dinner Roll & Sweet Potato Fries	1. Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips	1. Baby Shark Bite Fish Nuggets 	1. Chicken Patty Parmesan on a Roll LES- Pasta Promo	1. Cheese Pizza
National School Breakfast Week – I Love School Breakfast		2. Weekly Alternate: Baked Macaroni & Cheese with a Dinner Roll		
1. Pancakes with Syrup & an Egg Patty	NO SCHOOL	1. Bosco's Cheese Stick with Marinara Sauce	1. All-Beef Hot Dog on a Bun	ST. PATRICK'S DAY March 17 th 1. Pizzeria Pizza
2. Weekly Alternate: Popcorn Chicken with Dip & a Roll				
1. Chicken Sliders on Buns	National Agriculture Day 1. Cheesesteak on a Bun	1. French Toast Sticks with an Egg Patty SPRING BEGINS 	1. Baked Chicken Nuggets with a Roll & Mashed Potatoes	1. Cheese Pizza
2. Weekly Alternate: Baked Mozzarella Sticks with Marinara Sauce				
1. Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips	1. Cheese Ravioli with a Dinner Roll	1. Meatball Parmesan on a Roll	1. Baked Macaroni & Cheese with a Dinner Roll	1. Pizzeria Pizza
2. Weekly Alternate: Baked Chicken Nuggets with a Roll				

March is National Nutrition Month

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

3. Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
4. Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

5. BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to the Farm Stand

6. YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to the Farm Stand

7. DELI SANDWICH

- Week 1: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
- Week 2: Turkey Breast on a Kaiser Roll with Lettuce & Tomato
- Week 3: Tuna on a Kaiser Roll with Lettuce & Tomato
- Week 4: Ham on a Wrap with Lettuce & Tomato
- Week 5: Turkey & Cheese on a Wrap with Lettuce & Tomato

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us.

Please e-mail us at

comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

This institution is an equal opportunity provider.